

# Traveling Players

## LET'S GET PACKIN'!

### Laundry:

- Campers in the MYTHOLOGY ENSEMBLE & IMPROV INTENSIVE (Second Session) will NOT do laundry
- All other campers will do laundry every 10-12 days
- Detergent can be purchased at the camp store (saves space!). If you want to bring your own, bring either powdered or solid detergent; no liquid or pods with liquid – thanks!
- Never done your laundry before? You're about to learn!

### Packing:

- **Storage space is limited in the Lodges – please pack efficiently.**
- Clothing should be packed in a [trunk or large tupperware](#), and linens can be packed in a duffle bag or large backpack (to be used for the weekly tent overnight). **Trunks or tupperware should be no more than 10 inches in height so that they can fit under bunks, which are just under 11" in clearance.** (A suitcase *might* be able to fit under there – **but please measure first!**
  - [Other Trunk Option](#)
- SHAKESPEARE TROUPE will have a bit more space to store stuff, as will any campers staying for 6 weeks.

**Permanently label each article of clothing, shoes, & personal items with the camper's name.**

### Clothing:

**Note About Rehearsal Clothing:** Rehearsals are outdoors and very movement based (think like soccer practice – you want a full range of motion while feeling comfortable). Clothing WILL get dirty. Please dress accordingly.

- Large laundry bag
- 12 pairs underwear
- 12 pairs of non-cotton socks (wool or synthetic will keep your feet happy) (Weak ankles? Make sure 10 pairs are for your hiking boots; otherwise, 6 of them.)
- 5-6 sports bras
- 3 pants (recommend breathable, light weight, hardy, if bringing jeans, PLEASE bring a pair of hiking pants/athletic leggings as well)
- 7-10 shorts (recommend breathable, lightweight, hardy, zip-offs and skorts are great!)
- PJs to sleep in
- 10-12 t-shirts/tank tops
- 3 long sleeve shirts
- RAINCOAT (not a poncho; not optional)
- 2 fleeces/sweatshirts/vests
- 1-2 Swimsuits
- HIKING BOOTS (“high hikers,” generally have 2 hooks above the laces, must cover ankles and keep them from rolling -- please go to a good outdoors store to get these fitted (REI is my favorite). If you have weak ankles, you will live in these, as it's too easy to roll an ankle and you really don't want to be on crutches.)
- sneakers or low hikers
- Water Shoes for Shower (optional)
- hat (optional)
- bandana (optional)

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- rain pants (optional)

## Clothing for special events

- OPTIONAL: 1 or 2 White t-shirts (for tie-dye and color wars -- white shows off the color best!)
- OPTIONAL: Camp Prom Outfit (Not for 2 week campers – Mythology & Improv Intensive Second Session)

## Bedding:

- sleeping bag with stuff sack (we will be in a tent once a week this summer—really!)
- sleeping pad
- 1-2 sets of twin sheets
- Pillow
- 1-2 pillowcases
- 1 bath towel
- 1 beach towel
- 1-2 washcloths/scrubbies
- Teddy Bear 😊

## Toiletries:

- Vitamins and Medicine – to be passed off during check-in -- enough for your whole stay -- still in their bottles with your name, dosage, etc. – all in a Ziploc bag with your name Sharpied on.
- toothbrush
- toothpaste
- dental floss
- shampoo/conditioner
- soap (make sure it **does not contain almond oil**, which is a popular ingredient but can be toxic to some kids)
- face wash
- pads, tampons, etc.
- nail clippers / file
- brush / comb
- other toiletries
- contact lens stuff plus small mirror
- Dopp kit, bag, or bucket to carry toiletries
- Tick repellent. It's deer ticks that carry Lyme disease, and although only a small percentage of the ticks are infected, please take these steps to protect yourself.
  - I recommend: [Sawyer Picaridin Insect Repellent](#) (the herbal equivalent of DEET, my new preference, pump spray, not aerosol)
  - Some do best with DEET (effective but intense – please don't get aerosol)
- Suntan lotion
- Disposable masks (N95, KN95, or surgical) - bring at least 10 more than the number of days you

### Tip from Jeanne!

To bee or not to bee! If you smell like a flower, the bees will try to pollinate you. Lavender, strawberries & cream, oatmeal & honey – all bad ideas! Bugs and bees will LOVE you! Go for unscented, powder fresh, etc.



### Tip from Jeanne!

Pre-treat your summer wardrobe with [Sawyer's Permethrin](#) (spray, let dry, good for 6 weeks/washings). I treat boots and socks in addition to shorts, shirts, etc. I get 2 bottles each summer, then rarely need additional repellent. I prefer chemicals to go on my clothes, not my skin.

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will be at camp. We will announce the mask policy closer to summer, but we want them handy.

## **Show Essentials – All acting students must have all of the following:**

- Journal for rehearsal
- Pencils
- Black dress shoes, flats, or character shoes (bring if you own, don't purchase)
  - If character shoes have a heel, it should not exceed 2.5"
  - MYTHOLOGY ENSEMBLE: Please instead bring black, brown, or gold sandals
  - IMPROV INTENSIVE: Please instead bring comfortable black shoes (i.e. tennis shoes)
- 1-2 tank tops to be worn under their costume, white or actor's skin-tone
- Spandex shorts to be worn under their costume, black or actor's skin-tone
  - IMPROV INTENSIVE: You will not be receiving costumes. Please instead pack a black shirt & pants/leggings to wear for your performance.
- Lipstick (2-3 shades darker than your natural lips) – regardless of gender
- Black or brown eyeliner (liquid or pencil is fine) – regardless of gender
- Mascara – regardless of gender
- Other personal makeup (optional – you may have only 5 minutes to apply it before a performance)
- TROUPIES: You can pack tour and show essentials during your Mid-Summer Holiday

## **Other Items**

- 2 reusable water bottles (minimum 1000 ml) – decorated with stickers, etc. so you recognize it
- Headlamp and extra batteries ([Jeanne's fav.](#) Not good for long hair – can get caught.)
  - You can bring a handheld flashlight in addition to your headlamp, but you'll want to be hands free during nighttime adventures!
- Daypack for hiking trips and carrying your things around campus
- Letter writing supplies
  - Stationary, envelopes, stamps
  - You can also purchase postcards and stamps at the Camp Store
- 1-2 books (you can do a book swap with your fellow campers!)
- Deck of cards (optional)
- Personal Journal (optional, can be the same as your rehearsal journal)
- Pens, crayons, etc. (optional)
- Mp3 player or other way to play music that doesn't require the internet (optional)
  - A great way to get white noise before you go to bed, hear a book on tape, etc. Load it up before you arrive!
- Camera (optional)
  - Digital, disposable or polaroid – but you will not have your phone!
- Sunglasses (optional)
- Pocket knife (optional)
- Personal fan (optional)
- Goggles (optional)

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- Small personal hobby supplies (optional)
  - Do you knit? Practice magic tricks? Maybe you're a painter – if it fits in your luggage after everything necessary is packed, you can bring it!

**Where can I get gear that is good and cheap?** We recommend [REI](#), [REI Outlet](#), [Campmor](#) (last year's colors often discounted), [Title Nine](#) (not cheap, but great for girls who are done growing – their stuff lasts at least a decade), and [TomboyX](#) (for trans/gnc-friendly swimwear!).

**Want Traveling Players goodies?** We have t-shirts (\$15), sweatshirts (\$40), tote bags (\$20) water bottles (\$18) and water bottle splash guards (\$5). Get them at the camp store when you drop off your camper!

**It's going to be great! Can't wait!**

**Items to leave at home:** Food, cell phones, video players, electronics that can connect to the internet, and weapons of any kind. We discourage you from bringing valuable personal items to camp. Traveling Players Ensemble is not responsible for lost, stolen or damaged items.

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**Here's what goes in your car:**

- 1 trunk or Tupperware
- 1 duffel bag / large backpack for linen and clothes
- Day pack with script, pencils, water bottle, etc.
- Separate, and ready to pass off to staff:
  - Labeled ziploc with meds
  - Labeled ziploc with phone
  - Labeled ziploc with other electronics

**You did it! Congrats!**

Drive safely; we can't wait to see you!